



ROCKY MOUNTAIN
CHRISTIAN CHURCH

RECOMMENDED COUNSELORS

ASH MCDONALD

MS, LPCC

Specialties: Anxiety, Depression, Child or Adolescent, Spirituality and Religion, Life transitions, Grief, Adjustment Disorder, Couples Counseling, Marital and Premarital, Mood Disorders, Self-Harming, Social Anxiety, Women's Issues.

Website: www.ashmcdonaldcounseling.com

Phone: 720-928-9506

ASPEN COUNSELING GROUP

Specialities: Trauma/PTSD, Grief/Loss, and Therapeutic Support for Teens, Couples and Parents, and Christian Counseling for Individuals, Couples and Families

Website: www.aspencounselinggroup.com

Phone: 303-834-7389

CAITLYN GRAY

MA, LPC // DUE NORTH COUNSELING

Specialties: Anxiety, Trauma and PTSD, Depression

Website: www.duenorthcounselingco.com

Phone: 720-597-8028

Email: caitlin@duenorthcounselingco.com

DARCI HAMM

EdS, LPC, NCC // TELETHERAPY ONLY

Individual, premarital, marriage, and family counseling for adults ages 18+. Specializing in Christian counseling and Cognitive Behavioral Therapy for mood issues, relationships, life transitions, career issues, stress, grief/loss, women's issues, and military/Veteran's, and first responders

Website: www.soulshinecounselingllc.com

Phone: 970-430-6896

Email: darcie@soulshinecounselingllc.com

ERIN GIVEANS

MA, LPC

Specialties: Identity Issues, Self Esteem, Depression, Anxiety, Grief/Loss, Parenting Issues

Website: <https://www.eringiveanscounseling.com/>

Phone: 970-484-1735

ERIN OWENS

MS, LPC, CAMS-II

Specialties: EMDR therapy, couples, anger management, eating disorders, grief and loss and more. She is also willing to work with both women and men.

Website: erinowenscounseling.com

Phone: 970-821-7991

Email: erin@erinowenscounseling.com

JENNA PREY

MA

Specialties: individual, marriage, premarital and family counseling

Website: www.jennaprey.com

JENNIFER DEPLER

MA, LPCC

Adults only

Specialties: Adult women, Depression, Anxiety, Trauma Recovery, Life Transitions, Grief & Loss, IFS (Internal Family Systems), DBT (Dialectical Behavior Therapy), Neuro-informed counseling, Enneagram and Cognitive Behavioral Therapy.

Website: hope4thejourneyloveland.com/jennifer-depler

Email: JenniferDeplerCounseling@proton.me

JILL JONES

MA, CAS, EMDR

Specialties: Depression, Anxiety, Trauma, Addiction, Women's issues (Stress, Shame, Attachment, Life Transitions). General feelings of discontentment spiritually, emotionally, or relationally.

Website: www.jilljonescounseling.com

Phone: 303-803-3687

Email: jilljonescounseling@gmail.com

KATHERINE FRENCH-EWING

MA, LPC

Specialties: spiritual concerns, chronic illness, relational pain, nightmares, negative self talk, unexplained Body Sensations, Haunting Memories, A Recent Stressful Experience, Unexpected Transitions, Disappointments, Anxiety, Grief/Loss

Website: crossroadscounselingassoc.com/katherine-french-ewing/

Email: soulcarewithkat.com

KELLEY JOHNS

MS, LPCC

Specialties: Adolescent/Young Adult Issues, Women's Issues, Anxiety, Depression, Grief/Loss, Relationship/Marital Counseling

Website: www.kelleyjohnscounseling.com

Phone: 720-600-7123

Email: kelleyjohnscounseling@gmail.com

NANCY TASHIRO

MSW, LCSW

Specialities: Anxiety, Depression, Trauma, Loss, Interpersonal difficulties

Phone: 303-772-7752

Email: nancy_tashiro@yahoo.com

PATSY CARLSON

MA, LPC // MINDAND MEND, PLLC

Specialties: Eating Disorders, Co-occurring mental health in adolescents and adults including: anxiety, depression, academic/relational distress and family conflict. Direct support of parents/caregivers of loved ones struggling with mental health issues.

Website: www.mindandmend.com

Phone: 720-773-0828

Email: mindandmendtherapy@gmail.com

RESTORY

Specialties: Trauma, loss, challenging life circumstances, abuse, or specific mental health issues such as depression, anxiety, addiction.

Website: www.restory.life

Phone: 1-855-737-8679

TREY STUBBS

MA, LPC // SOJOURN COUNSELING

Specialties: Anxiety, Depression, Men's Issues, Marital Counseling, Identity Development

Phone: 720-340-3365

Email: trey@sojourncounselingco.com

VICKI JOHNSON

LCSW, EMDR

Specialties: PTSD, EMDR, Trauma, Sexual Abuse & Assault, Anxiety & Depression, WOMEN'S ISSUES (Co-Dependency, Self-Esteem, Life Transitions, Divorce Transition, Menopause) Marriage Counseling (Communication, Infidelity, Unresolved conflict, Empty Nesters), Adult Children from Alcoholic & Dysfunctional families, Intergenerational Family Counseling

Phone: (720) 924-7423

Email: vickijohnsonlcsw@gmail.com



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