



ROCKY MOUNTAIN

CHRISTIAN CHURCH

RECOMMENDED COUNSELORS

**ASH
MCDONALD**
MS, LPCC

Specialties: Anxiety, Depression, Child or Adolescent, Spirituality and Religion, Life transitions, Grief, Adjustment Disorder, Couples Counseling, Marital and Premarital, Mood Disorders, Self-Harming, Social Anxiety, Women's Issues.

Website: www.ashmcdonaldcounseling.com

Phone: 720-928-9506

Specialities: Trauma/PTSD, Grief/Loss, and Therapeutic Support for Teens, Couples and Parents, and Christian Counseling for Individuals, Couples and Families

Website: www.aspencounselinggroup.com

Phone: 303-834-7389

**ASPEN
COUNSELING
GROUP**

CAITLIN GRAY
MA, LPC
DUE NORTH COUNSELING

Specialties: Anxiety, Trauma and PTSD, Depression

Website: www.duenorthcounselingco.com

Phone: 720-597-8028

Email: caitlin@duenorthcounselingco.com

Specialites: Identity Issues, Self Esteem, Depression, Anxiety, Grief/Loss, Parenting Issues

Phone: 970-484-1735

ERIN GIVEANS
MA, LPC

JENNA PREY
MA

Specialties: individual, marriage, premarital and family counseling

Website: www.jennaprey.com

Adults only

Specialties: Adult women, Depression, Anxiety, Trauma Recovery, Life Transitions, Grief & Loss, IFS (Internal Family Systems), DBT (Dialectical Behavior Therapy), Neuro-informed counseling, Enneagram and Cognitive Behavioral Therapy.

Website: hope4thejourneyloveland.com/jennifer-depler

Email: JenniferDeplerCounseling@proton.me

JENNIFER DEPLER

MA, LPCC

JILL JONES

MA, CAS, EMDR

Depression, Anxiety, Trauma, Addiction, Women's issues (Stress, Shame, Attachment, Life Transitions). General feelings of discontentment spiritually, emotionally, or relationally.

Website: www.jilljonescounseling.com

Phone: 303-803-3687

Email: jilljonescounseling@gmail.com

Specialties: spiritual concerns, chronic illness, relational pain, nightmares, negative self talk, unexplained Body Sensations, Haunting Memories, A Recent Stressful Experience, Unexpected Transitions, Disappointments, Anxiety, Grief/Loss

Website: crossroadscounselingassoc.com/katherine-french-ewing/

Email: soulcarewithkat.com

KATHERINE FRENCH-EWING

MA, LPC

KELLY JOHNS

MS, LPCC

Specialties: Adolescent/Young Adult Issues, Women's Issues, Anxiety, Depression, Grief/Loss, Relationship/Marital Counseling

Website: www.kelleyjohnscounseling.com

Phone: 720-600-7123

Email: kelleyjohnscounseling@gmail.com

Specialities: Anxiety, Depression, Trauma, Loss, Interpersonal Difficulties

Phone: 303-772-7752

Email: nancy_tashiro@yahoo.com

NANCY TASHIRO

MSW, LCSW

LIGHT OF THE ROCKIES CHRISTIAN COUNSELING CENTER

Specialties: Individual Counseling, Relationship Counseling,
Child and Family Counseling, Life Coaching

Currently offering free 30 minute coping sessions.

Website: www.lightoftherockies.com

Phone: 970-484-1735

Specialties: Eating Disorders, Co-occurring mental health
in adolescents and adults including: anxiety, depression,
academic/relational distress and family conflict. Direct
support of parents/caregivers of loved ones struggling with
mental health issues.

Website: www.mindandmend.com

Phone: 720-773-0828

Email: mindandmendtherapy@gmail.com

PATSY CARLSON

MA, LPC
MIND AND MEND, PLLC

RESTORY

Specialties: Trauma, loss, challenging life circumstances,
abuse, or specific mental health issues such as depression,
anxiety, addiction.

Website: www.restory.life

Phone: 1-855-737-8679

TREY STUBBS

MA, LPC
SOJOURN COUNSELING

Specialties: Anxiety, Depression, Men's Issues, Marital
Counseling, Identity Development

Phone: 720-340-3365

Email: trey@sojourncounselingco.com

Specialties: PTSD, EMDR, Trauma, Sexual Abuse & Assault,
Anxiety & Depression, WOMEN'S ISSUES (Co-Dependency,
Self-Esteem, Life Transitions, Divorce Transition, Menopause)
Marriage Counseling (Communication, Infidelity, Unresolved
conflict, Empty Nesters), Adult Children from Alcoholic &
Dysfunctional families, Intergenerational Family Counseling

VICKI JOHNSON

LCSW, EMDR

Phone: (720) 924-7423

Email: vickijohnsonlcsw@gmail.com



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