



ROCKY MOUNTAIN

CHRISTIAN CHURCH

RECOMMENDED COUNSELORS

**ASH
MCDONALD**
MS, LPCC

Specialties: Anxiety, Depression, Child or Adolescent, Spirituality and Religion, Life transitions, Grief, Adjustment Disorder, Couples Counseling, Marital and Premarital, Mood Disorders, Self-Harming, Social Anxiety, Women's Issues.

Website: www.ashmcdonaldcounseling.com

Phone: 720-928-9506

Specialities: Trauma/PTSD, Grief/Loss, and Therapeutic Support for Teens, Couples and Parents, and Christian Counseling for Individuals, Couples and Families

Website: www.aspencounselinggroup.com

Phone: 303-834-7389

**ASPEN
COUNSELING
GROUP**

CAITLIN GRAY
MA, LPC
DUE NORTH COUNSELING

Specialties: Anxiety, Trauma and PTSD, Depression

Website: www.duenorthcounselingco.com

Phone: 720-597-8028

Email: caitlin@duenorthcounselingco.com

Specialites: Identity Issues, Self Esteem, Depression, Anxiety, Grief/Loss, Parenting Issues

Phone: 970-484-1735

ERIN GIVEANS
MA, LPC

JENNA PREY
MA

Specialties: individual, marriage, premarital and family counseling

Website: www.jennaprey.com

Specialties: Adolescent/Young Adult Issues, Women's Issues, Anxiety, Depression, Grief/Loss, Relationship/Marital Counseling

Website: www.kelleyjohnscounseling.com

Phone: 720-600-7123

Email: kelleyjohnscounseling@gmail.com

KELLY JOHNS
MS, LPCC

**LIGHT OF THE
ROCKIES
CHRISTIAN
COUNSELING
CENTER**

Specialties: Individual Counseling, Relationship Counseling, Child and Family Counseling, Life Coaching

Currently offering free 30 minute coping sessions.

Website: www.lightoftherockies.com

Phone: 970-484-1735

Specialities: Anxiety, Depression, Trauma, Loss, Interpersonal Difficulties

Phone: 303-772-7752

Email: nancy_tashiro@yahoo.com

**NANCY
TASHIRO**
MSW, LCSW

**PATSY
CARLSON**
MA, LPC
MIND AND MEND, PLLC

Specialties: Eating Disorders, Co-occurring mental health in adolescents and adults including: anxiety, depression, academic/relational distress and family conflict. Direct support of parents/caregivers of loved ones struggling with mental health issues.

Website: www.mindandmend.com

Phone: 720-773-0828

Email: mindandmendtherapy@gmail.com

Specialties: Trauma, loss, challenging life circumstances, abuse, or specific mental health issues such as depression, anxiety, addiction.

Website: www.restory.life

Phone: 1-855-737-8679

RESTORY

TREY STUBBS

MA, LPC
SOJOURN COUNSELING

Specialties: Anxiety, Depression, Men's Issues, Marital
Counseling, Identity Development

Phone: 720-340-3365

Email: trey@sojourncounselingco.com



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