

## 2022 Rocky Mountain Youth Basketball and Cheer

Practice Location: Rocky Mountain Christian Church, 5860 Majestic St, Frederick, CO

Last Name	First Name	Team Name	Practice Day	Practice Time	Practice Location	Head Coach	Asst Coach
Adams	Abigail	Thursday 6:15pm	Thu	6:15 PM	Frederick - Room 2018	Michelle Valois	Giada DeJulio
Albrecht	CheyLynn	Wednesday 4:30pm	Wed	4:30 PM	Frederick - Room 2018	Emma Tone	Eden Cramer
Beasley	Avery	Wednesday 4:30pm	Wed	4:30 PM	Frederick - Room 2018	Emma Tone	Eden Cramer
Berry	Emily Faith	Wednesday 4:30pm	Wed	4:30 PM	Frederick - Room 2018	Emma Tone	Eden Cramer
Boyce	Emmeline	Thursday 6:15pm	Thu	6:15 PM	Frederick - Room 2018	Michelle Valois	Giada DeJulio
Bradnan	Emma	Tuesday 4:30pm	Tue	4:30 PM	Frederick - Room 2018	Chantele Aukee	Fayth Romero
Brawner	Addison	Wednesday 4:30pm	Wed	4:30 PM	Frederick - Room 2018	Emma Tone	Eden Cramer
Cano	Ava	Thursday 5:00pm	Thu	5:00 PM	Frederick - Room 2018	Jackie Parker	Mitch Comstedt
Coldiron	Parker	Tuesday 5:30pm	Tue	5:30 PM	Frederick - Room 2018	Chelsea Kantaris	Payton Torres, Maggie Harnig
Comstedt	Clara	Thursday 5:00pm	Thu	5:00 PM	Frederick - Room 2018	Jackie Parker	Mitch Comstedt
Cook	Nixie	Tuesday 5:30pm	Tue	5:30 PM	Frederick - Room 2018	Chelsea Kantaris	Payton Torres, Maggie Harnig
Cook	Mayla	Wednesday 4:30pm	Wed	4:30 PM	Frederick - Room 2018	Emma Tone	Eden Cramer
DeBord	Maddie	Thursday 6:15pm	Thu	6:15 PM	Frederick - Room 2018	Michelle Valois	Giada DeJulio
DeJulio	Taziana	Thursday 6:15pm	Thu	6:15 PM	Frederick - Room 2018	Michelle Valois	Giada DeJulio
Delier	Camille	Thursday 6:15pm	Thu	6:15 PM	Frederick - Room 2018	Michelle Valois	Giada DeJulio
Dick	Gabriella	Wednesday 4:30pm	Wed	4:30 PM	Frederick - Room 2018	Emma Tone	Eden Cramer
Eipper	Charlotte	Thursday 5:00pm	Thu	5:00 PM	Frederick - Room 2018	Jackie Parker	Mitch Comstedt
Fitzsimons	Victoria	Tuesday 4:30pm	Tue	4:30 PM	Frederick - Room 2018	Chantele Aukee	Fayth Romero
French	Gracie	Wednesday 4:30pm	Wed	4:30 PM	Frederick - Room 2018	Emma Tone	Eden Cramer
Garner	Arlo	Thursday 5:00pm	Thu	5:00 PM	Frederick - Room 2018	Jackie Parker	Mitch Comstedt
Goates	Claire	Tuesday 5:30pm	Tue	5:30 PM	Frederick - Room 2018	Chelsea Kantaris	Payton Torres, Maggie Harnig
Gray	Alexis	Tuesday 4:30pm	Tue	4:30 PM	Frederick - Room 2018	Chantele Aukee	Fayth Romero
Hanssen	Pierce	Tuesday 5:30pm	Tue	5:30 PM	Frederick - Room 2018	Chelsea Kantaris	Payton Torres, Maggie Harnig
Hegge	Mayzie	Tuesday 5:30pm	Tue	5:30 PM	Frederick - Room 2018	Chelsea Kantaris	Payton Torres, Maggie Harnig
Hepp	Hayley	Wednesday 4:30pm	Wed	4:30 PM	Frederick - Room 2018	Emma Tone	Eden Cramer
Herndon	Hadley	Thursday 5:00pm	Thu	5:00 PM	Frederick - Room 2018	Jackie Parker	Mitch Comstedt
Johnson	Toria	Thursday 5:00pm	Thu	5:00 PM	Frederick - Room 2018	Jackie Parker	Mitch Comstedt
Juth	Annabel	Tuesday 5:30pm	Tue	5:30 PM	Frederick - Room 2018	Chelsea Kantaris	Payton Torres, Maggie Harnig
Kalnin	Kate	Tuesday 4:30pm	Tue	4:30 PM	Frederick - Room 2018	Chantele Aukee	Fayth Romero
Kantaris	Charli	Tuesday 5:30pm	Tue	5:30 PM	Frederick - Room 2018	Chelsea Kantaris	Payton Torres, Maggie Harnig

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Koehn	Ruby	Tuesday 4:30pm	Tue	4:30 PM	Frederick - Room 2018	Chantele Aukee	Fayth Romero
Lawson	Shaya	Tuesday 5:30pm	Tue	5:30 PM	Frederick - Room 2018	Chelsea Kantaris	Payton Torres, Maggie Harnig
Lehman	Penelope	Tuesday 4:30pm	Tue	4:30 PM	Frederick - Room 2018	Chantele Aukee	Fayth Romero
Long	Paislee	Tuesday 4:30pm	Tue	4:30 PM	Frederick - Room 2018	Chantele Aukee	Fayth Romero
Lopez	Haley	Wednesday 4:30pm	Wed	4:30 PM	Frederick - Room 2018	Emma Tone	Eden Cramer
Manriquez	Nova	Tuesday 4:30pm	Tue	4:30 PM	Frederick - Room 2018	Chantele Aukee	Fayth Romero
Milliken	Bridget	Thursday 6:15pm	Thu	6:15 PM	Frederick - Room 2018	Michelle Valois	Giada DeJulio
Morgado	Kalei	Wednesday 4:30pm	Wed	4:30 PM	Frederick - Room 2018	Emma Tone	Eden Cramer
Olson	Faith	Tuesday 4:30pm	Tue	4:30 PM	Frederick - Room 2018	Chantele Aukee	Fayth Romero
Paige	Grace	Thursday 5:00pm	Thu	5:00 PM	Frederick - Room 2018	Jackie Parker	Mitch Comstedt
Panak	Gloria	Thursday 5:00pm	Thu	5:00 PM	Frederick - Room 2018	Jackie Parker	Mitch Comstedt
Parker	Makenzie	Thursday 5:00pm	Thu	5:00 PM	Frederick - Room 2018	Jackie Parker	Mitch Comstedt
Phillips	Aslan	Wednesday 4:30pm	Wed	4:30 PM	Frederick - Room 2018	Emma Tone	Eden Cramer
Price	Atalia	Thursday 5:00pm	Thu	5:00 PM	Frederick - Room 2018	Jackie Parker	Mitch Comstedt
Ricca	SoliDeo	Tuesday 4:30pm	Tue	4:30 PM	Frederick - Room 2018	Chantele Aukee	Fayth Romero
Ross	Avery	Thursday 5:00pm	Thu	5:00 PM	Frederick - Room 2018	Jackie Parker	Mitch Comstedt
Salgado	LunaRae	Tuesday 5:30pm	Tue	5:30 PM	Frederick - Room 2018	Chelsea Kantaris	Payton Torres, Maggie Harnig
Schaffer	Bailey	Thursday 5:00pm	Thu	5:00 PM	Frederick - Room 2018	Jackie Parker	Mitch Comstedt
Schell	Stella	Thursday 5:00pm	Thu	5:00 PM	Frederick - Room 2018	Jackie Parker	Mitch Comstedt
Schulte	Sammi	Tuesday 4:30pm	Tue	4:30 PM	Frederick - Room 2018	Chantele Aukee	Fayth Romero
Scoby	Dublin	Tuesday 4:30pm	Tue	4:30 PM	Frederick - Room 2018	Chantele Aukee	Fayth Romero
Scoby	Oria	Tuesday 5:30pm	Tue	5:30 PM	Frederick - Room 2018	Chelsea Kantaris	Payton Torres, Maggie Harnig
Shupe	Kaydence	Tuesday 5:30pm	Tue	5:30 PM	Frederick - Room 2018	Chelsea Kantaris	Payton Torres, Maggie Harnig
Singleton	Kinsley	Thursday 6:15pm	Thu	6:15 PM	Frederick - Room 2018	Michelle Valois	Giada DeJulio
Singleton	Adi	Tuesday 5:30pm	Tue	5:30 PM	Frederick - Room 2018	Chelsea Kantaris	Payton Torres, Maggie Harnig
Valdez	Sophia	Tuesday 5:30pm	Tue	5:30 PM	Frederick - Room 2018	Chelsea Kantaris	Payton Torres, Maggie Harnig
Vigil	Jordyn	Wednesday 4:30pm	Wed	4:30 PM	Frederick - Room 2018	Emma Tone	Eden Cramer
Whitehead	Piper	Thursday 6:15pm	Thu	6:15 PM	Frederick - Room 2018	Michelle Valois	Giada DeJulio
Whitehead	Delaney	Wednesday 4:30pm	Wed	4:30 PM	Frederick - Room 2018	Emma Tone	Eden Cramer